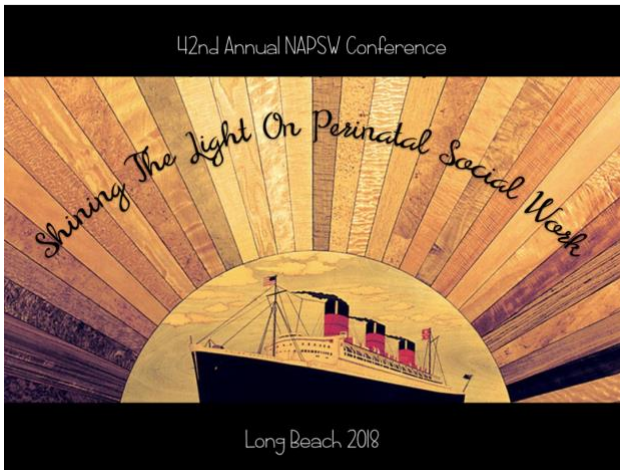


42nd Annual Conference

National Association of Perinatal Social Workers



The largest gathering of Perinatal Social Workers from across the United States and Canada.

Learn many aspects of perinatal care from social work experts as well as other professionals.

An excellent opportunity to meet perinatal colleagues and make valuable contacts.

Keynote Speaker



“My Journey into Pediatric and Perinatal Hospice and Palliative Care- A Personal Reflection and Lessons Learned”

Dr. Glen Komatsu

Providence Trinity Care Hospice

Torrance, CA

Plenary Speakers

“Birth Tourism in Neonatal Intensive Care”

Dr. Michel Mikhael

CHOC Children’s Hospital, Orange, CA

“Culturally Competent Leadership in the 21st Century: Implications for Perinatal Care”

Dr. James Mason

Providence Health & Services, Portland, OR

“Activism, Passion, and Social Justice for Social Workers”

Dr. Melissa Bird, MSW

Corvallis, OR

“Lessons from Cross-Sector Teaming in Pediatrics”

Panel Presentation- DULCE National Team

“Abuse in the Perinatal Period: Implications and Trends on a Broad Scale”

Dr. Anne H. Light

Orange County Social Services Agency

When:

Conference opens Wednesday, May 2 at 5:00 p.m., and concludes Saturday, May 5 at noon

Registration Website:

<http://www.napsw.org/annual-conference>

Registration begins February 19. There will be a \$20 late fee after April 12.

Please note: All costs associated with NAPSW and association fees are in USD.

Where:

Renaissance Long Beach Hotel



Reservations:

<https://aws.passkey.com/go/NAPSW2018>

Room rate is \$179 per night, plus tax for standard room with one or two beds.

The room block is available for the nights of May 1-5, inclusive at the conference rate. Reserve by April 9 to secure conference rate.

Conference Fees:

Conference fees include Wednesday night banquet, breakfast Thursday, Friday and Saturday

\$285 NAPSW members before April 12, 2018

\$365 Non-NAPSW members rate before April 12, 2018

\$150 Student rate

Daily Rate	NAPSW Member	Non-Member	Student
Wednesday	\$90	\$100	\$60
Thursday	\$155	\$185	\$90
Friday	\$165	\$195	\$90
Saturday	\$65	\$65	\$55

Registration deadline is April 12, 2018. A \$20 late fee for all registrations after April 12, 2018.

Some workshops may fill up. It is recommended that you register early in order to reserve a spot for the workshops of your choice.

Payment can be made via PayPal or check. For any questions about the registration process, please contact Kristin Vargo at 513-636-4043, or Kristin.Vargo@cchmc.org.

If paying by check, complete the online registration and print your invoice twice (one for your records and one to send with your payment). Checks, in USD, should be made out to NAPSW and sent to:

Sharon Williams, NAPSW
8111 Tollbridge Ct.
Westchester, OH 45069

Night Out:

Welcome Aboard. Spirit Cruises will set sail on a fun evening on the water with a Fiesta Cruise. The fee is \$55 per person. Registration for the Night Out must be completed by April 13, 2018. Reserve your spot before it sells out. See Page 7 for more details.

Average Long Beach, CA Weather in May:

Daytime highs range between 58-74F, with evenings cooling off.

Continuing Education Units (CEU):

NAPSW will issue a Certificate of Attendance to all attendees. Additionally, NAPSW has applied for up to 16 CEU credits through NASW and a CEU certificate will be provided for \$10. Courses meet the qualifications for hours of continuing education credit for MFT and/or LCSW as required by the California Board of Behavioral Sciences.

Refunds:

If your plans change after registration and you are unable to attend, a \$50 fee will be retained from your refund for process and handling time, as long as it is requested prior to April 25, 2018. You may cancel on-line or call registration.

NAPSW Membership:

If you are not currently a member of NAPSW, you can register at the member rate if you join NAPSW in conjunction with registration. Please complete the online application at www.napsw.org. Submit the completed application with the necessary documentation and include your membership dues along with the conference registration fee. For questions or problems with membership, please contact the NAPSW Membership Chair, Alison Tiedke at ajtiedke@gmail.com or Kristin Vargo at Kristin.Vargo@cchmc.org.

CONFERENCE PROGRAM OVERVIEW

Wednesday, May 2, 2018

12:00 – 5:00 p.m.	Registration
5:00 – 6:00 p.m.	Welcome Reception
6:00 – 7:00 p.m.	Welcome Dinner and Award for Excellence
7:00 – 8:30 p.m.	Keynote Speaker, Dr. Glen Komatsu

“My Journey into Pediatric and Perinatal Hospice and Palliative Care- A Personal Reflection and Lessons Learned”

Dr. Glen Komatsu

Why would a successful Neonatologist change careers at age 50 to do Adult Palliative Care? How has he developed a special affinity for Pediatric and Perinatal Hospice and Palliative Care? How does one do this difficult work in a sustainable fashion? Hear one individual’s narrative and share a conversation about the work.

Thursday, May 3, 2018

7:00 – 8:00 a.m.	Continental Breakfast and Conference Registration
8:00 – 10:00 a.m.	General Session – Dr. Michel Mikhael

“Birth Tourism in Neonatal Intensive Care”

Dr. Michel Mikhael, Neonatologist

Recent news reports have highlighted the issue of birth tourism in the United States. Approximately 10% of all neonates are admitted to a neonatal intensive care unit due to medical needs. In this presentation, we will discuss birth tourism in neonatal intensive care and focus on a local children’s hospital experience.

10:00 – 10:15 a.m.	Break
10:15 – 11:45 a.m.	Breakout Sessions (A1-A4)

A1. “When a Patient is Outside Everyone’s Scope of Practice”

Kristie Holmes, Ph.D., LCSW

Cardiac issues will end women’s lives 33% of the time- more than breast cancer ever will, despite incredible awareness campaigns that have convinced us otherwise. Symptoms like fatigue, frequent urination, shortness of breath and headaches are easily ignored by patients as well as providers. This session will provide insight when everyone is outside of their scope of practice.

A2. “Web-based EPDS Screening and Comprehensive Support Services- A Model Program for Women in Southern New Jersey”

Susan Ellis Murphy, MA, BSN, RNC-OB, LPC

To assist in complying with mandatory screening laws for postpartum depression, Postpartum Wellness Initiative for South Jersey (PWI-SJ) created a web-based EPDS screening process. OB and Pediatric providers from 55 locations voluntarily participate in this process that includes telephone assessment, triage and referral. To address treatment barriers identified in the region, the program now offers MomMoodBooster, for women with mild-moderate depression.

A3. “Level IV Neonatal ICU and the Family Experience”

Alexis Rubin, MSW, LICSW

Allie Stefanelli, MSW, LICSW

Edie Mead, MSW, LICSW

Admission to the NICU has a myriad of complex implications, including the psychosocial effects on the family system and its impact on the overall outcome. Due to the acuity of the patients at Children’s National, there are often barriers to bonding, supportive care, education, breastfeeding, and self-care including increased risk factors for postpartum depression.

A4. “Shining Light on Communications Between Women with Medically High-Risk Pregnancy and Their Perinatal Health Care Team”

Shari Munch, Ph.D.

Laura Curran, Ph.D.

Judith L.M. McCoyd, Ph.D.

Cara Harmon, BA, MSW Candidate

Intensive interviews with women experiencing hospitalization for medically high-risk pregnancy (MHRP) indicated that women’s encounters with multiple medical professionals were fraught with conflicting information and that fragmented care contributed to women’s MHRP stress burden.

11:45 a.m. – 1:30 p.m. Lunch (on your own)

1:30 – 3:30 p.m. **General Session – Project DULCE**

“Lessons from Cross-Sector Teaming in Pediatrics”

Patsy Hampton

Jennifer Murphy –Sims, PT, DPT

Dominique C. Quevedo

Erin Gunter

Panelists will share lessons from leveraging of the pediatric medical home to provide cross-sector support that strengthens the parent-infant relationship and proactively addresses social determinants of health for infants and their families during the first six months of life.

3:30 – 3:45 p.m. Coffee and Snack Break

3:45 – 5:15 p.m. Breakout Sessions (B1-B4)

B1. “Incarcerated, Pregnant & Parenting: Analysis of Health Care Policy, Social Justice & Reproductive Rights”

Janeen Cross, DSW, LCSW, MBA

This presentation will highlight the increases of pregnant and parenting women in prison. The discussion will identify the pathways for incarceration and the criminal justice response. Women who are incarcerated struggle with substandard health care, violation of legal rights, family/caregiving separation, unsafe policies, and re-traumatization. A population health response is recommended along with ethical practice and policies for incarcerated women. This issue represents areas in the Grand Challenges for Social Work. Recommendations will be provided on how perinatal social workers can address this issue.

B2. “Higher Prevalence of Immediate Postpartum Suicidal Ideation Among Women with Diabetes: Findings from a Midwest Delivery Hospital”

Karen Tabb Dina, Ph.D., MSW

Suicidal ideation is a critical topic for postpartum health care providers to address. A recent study documented the association between suicidal ideation and diabetes and found elevated prevalence rates compared to the general population. This presentation will report study findings on the extent of the problem of suicidal ideation among postpartum women with diabetes.

B3. “Giving Hope to NICU Graduate Families: Creating Connection to Music”

Kassie Olver, MSW, LICSW

HOPE is a music program that expands supportive scaffolding and developmental opportunities for families whose children experienced extended NICU hospitalizations. This presentation will explore how HOPE supports families post-discharge. It will describe HOPE, highlight post-discharge stressors, and demonstrate benefits for families who participate. It will also provide participants with tools and strategies to develop their own HOPE program.

B4. “Bereavement in the NICU Setting”

Heather K. Ousley, MSS MS

Lindsey Kunkel, LSW

This session will focus on the cultural and religious needs of families who will experience the loss of a newborn in a hospital setting. Each religion and culture is unique in coping with death and as a social worker, it is our role to best support these families and educate staff during this time.

6:30 – 9:00 p.m.

Spirit Cruises Fiesta Cruise (NIGHT OUT)
(Meet in hotel lobby at 6:00)

We will take a short walk to Rainbow Harbor and board a private yacht with Spirit Cruises to spend the evening on the Pacific Ocean and watch the sunset. You will have the opportunity to get to know more of your colleagues, eat delicious Mexican food, have unlimited margaritas and listen to music.

Friday, May 4, 2018

7:30 – 9:00 a.m. Breakfast Buffet and NAPSW Business Meeting

Come join us for our annual business meeting! This is your opportunity to learn more about the organization and where it is headed. NAPSW members will have the opportunity to vote and learn who they have selected as their upcoming leadership. Further, you will have the opportunity to learn what the NAPSW leadership has been working on throughout the year. This is also a great chance to learn about how you can get more involved in NAPSW, as different committees are always recruiting for volunteers. If you're not a member, this is your chance to see what our leadership does and give you more insight into the organization.

9:15 – 11:00 a.m. **General Session – Dr. James Mason**

“Culturally Competent Leadership in the 21st Century: Implications for Perinatal Care”

James Mason, Ph.D.

This presentation focuses on managing diversity in the 21st century. Diversity will be discussed in terms of service delivery (i.e., cultural competence and related models), and workforce diversity and inclusion. The aim is to help women's health professionals, leaders, and aspirants assure diversity is considered in service delivery as well as the workforce. The session builds on the belief that anyone can lead and help find ways to progress along the imaginary cultural competence continuum.

11:00 – 11:15 a.m. Break

11:15 a.m. – 12:30 p.m. Breakout Sessions (C1-C4)

C1. “Listening to the Heart: Music Therapy’s Role in the NICU”

Bree Mattioli, MT-BC

The first sound we hear in life is our mother's heartbeat. Music Therapy's role in perinatal work recognizes this intrinsic power of sound and uses a variety of skilled techniques to help infants organize their worlds and create positive attachments. With the unique inclusion of Music Therapy in a NICU setting, patients, caregivers, and clinicians are benefitting tremendously.

C2. "... Or You Can Do Nothing: The Psychology of Semantics in Prenatal Counseling"

Kristin Gossett, LCSW

This presentation discusses the power of language in the context of counseling families experiencing high-risk pregnancies. The underlying semantics of commonly used phrases will be explored, and suggestions will be made for social workers providing guidance and support to patients and medical teams during these complex conversations.

C3. "Shining the Light on Acculturation and Family Bonding with Recent Immigrant Teen Mothers"

Mary Kay Heldman, LISW-S, MSW

This presentation will discuss the current rise of Hispanic teen moms in our community, and the common trends in acculturation and family bonding. Recent pregnant teens whose mothers immigrated when they were toddlers were then raised by extended family in their home country. Upon being reunited as teens, they are grieving their home country, meeting new family in the USA, dealing with a host of acculturation issues, and pregnant. The presentation concludes with an open discussion about how to best serve teen families in the prenatal arena.

C4. "Building Powerful Collaborations to Support Infants with Prenatal Substance Exposure and their Families"

Katie Ryan, MPAff

More than 600,000 infants are born in the United States each year with substance exposure resulting from their mother's substance use during pregnancy. The well-being of infants with substance exposure improves with early identification and appropriate developmental interventions. Engaging pregnant women with substance use disorders in substance use disorder treatment and support services offers an opportunity for a healthy caregiver. Powerful collaborations that foster meaningful cross-sector responses improve safety and well-being outcomes for infants with prenatal substance exposure and their families.

12:30 – 2:00 p.m.

Lunch (on your own)

2:00 – 3:45 p.m.

General Session – Dr. Anne H. Light

"Abuse in the Perinatal Period: Implications and Trends on a Broad Scale"

Anne H. Light, MD

Dr. Anne Light is the Medical Director of the Orange County Social Services Agency where she works to create interdisciplinary programs to support children and families. She is currently leading and developing the WE CAN Coalition: Working to End Child Abuse and Neglect. This Coalition has more than 150 members from across Orange County organized into 9 task forces in order to improve the prevention, diagnosis and treatment of maltreatment in children, families and communities.

3:45 – 4:00 p.m.

Coffee and Snack Break

4:00 – 5:15 p.m.

Breakout Sessions (D1-D4)

D1. “How NICU and Neonatal Follow Up Social Workers Can Collaborate in Alleviating Parental Trauma”

Angela Sim-Laramee, MSW, LSW

Given the fact that parents who experience a premature birth have been shown to have an increased risk of depression and trauma, how can we as inpatient and outpatient social workers collaborate to provide supportive and effective interventions to improve mental health outcomes? This session will share what has been documented in the literature, but will also be seeking your professional experience and expertise in promoting best practice.

D2. “Surrogacy: The Routine, The Unusual, The Unbelievable”

Karen Anderson, MSW, LCSW

This presentation will focus on surrogacy and some of the unique and challenging scenarios that are encountered at a Southern California hospital. It will review the evolving changes in the field of surrogacy and some uncommon cases will be presented with opportunity for discussion.

D3. “A Fresh Perspective: Perinatal Population in Underserved Communities”

Vynette Moore, MA, LMFT, CLE

Zaira Martinez, BA, CLE

Working with the perinatal population in underserved communities offers an opportunity for professionals to enhance their understanding of cultural differences and norms in an effort to provide services that meet their unique needs. This session will challenge you to utilize a fresh understanding and sensitivity when working with perinatal families in underserved communities using case examples to facilitate exploration. This population exudes strength, determination, and an overwhelming degree of resilience that supports their ability to prepare and care for their new baby.

D4. “Social Work Role and Interventions with a Medically and Psychosocially High Risk Population”

Juliana Palacios, LCSW

This presentation discusses the role of a social worker in a multi-disciplinary team working with medically and psycho-socially high-risk pregnant women in a multi-cultural, urban hospital and interventions that improve women’s compliance and understanding in their prenatal care.

Saturday, May 5, 2018

8:00 – 9:00 a.m.

Hot Breakfast Buffet

8:30 – 10:30 a.m.

General Session – Dr. Melissa Bird

“Activism, Passion and Social Justice for Social Workers”

Melissa Bird, Ph.D.

I have been hearing from so many social workers that they are inundated and overwhelmed by all of the things happening in our lives and in our work. This presentation will help you tap into your passion and get lit up so that you can harness your fierce, unapologetic dreams for the future, develop knowledge of the power structure to engage in empowered leadership, and embrace your inherently rebellious nature to impact your communities.

11:00 – 11:30 a.m.

Farewell and CEU Certificates

Adjourned until the 43rd Annual NAPSW Conference